



Women's Health Consultants

Obstetrics and Gynecology

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Dear Patient:

Dr. Robert Schorlemer, and Dr. Lisa Gurwitz will be your primary physicians; however, there are other doctors in our call group:

W.C. Schorlemer, M.D.
R.M. Young, M.D.
D.W. Kittrell, M.D.
J.H. Kellum, M.D.
D.E. Garza, M.D.
A. Cavazos, III, M.D.

If you have a problem or go into labor during the night or on a weekend, you may see any of these physicians at the hospital. For problems that can be resolved by phone, after hours or on weekends, you may also speak to or see one of these physicians.

If you have a medical emergency during regular business hours, please call our office at (214) 624-9400. If you have an emergency after business hours, call the same number and your call will be transferred to our answering service, who will page the physician on call.

Our ONLY hospital for deliveries is **METHODIST HOSPITAL**. Please call us if you were unable to reach the hospital on the next business day.

We do advise that you take birthing classes. OB packets for hospital registration are available in our office, or you may register on line.

MEDICATION: As a general rule, it is advised that you check with our office before taking any medications not prescribed by us. The following may be taken without calling:

- Tylenol or extra strength Tylenol ____ Minor aches, pains, headaches
- Roloids, Tums, Pepcid AC, Maalox ____ Upset stomach
- Robitussin Cough Syrup ____ Cough
- Sudafed, Actifed, Claritin ____ Colds and Allergy
- Benedryl ____ Allergy symptoms
- Chlortrimeton ____ Colds and allergy
- Imodium A/D ____ Diarrhea
- Any over the counter cough drops

IF THE SYMPTOMS PERSIST FOR MORE THAN THREE (3) DAYS, PLEASE CALL OUR OFFICE.

DANGER SIGNS: Please call the office if you have any of the following symptoms:

- Severe, continuous headache
- Chills and fever
- Blurred or double vision
- Sudden gush of liquid from your vagina
- Persistent vomiting
- Decreased fetal movement of the baby
- Pain in the abdomen/stomach
- Swelling of face and hands
- Burning urination
- Bleeding from the vagina

Dentistry Guidelines:

Local Anesthetic - NO GAA

If having X-rays - LEAD APRON

Antibiotics:

Amoxicillin or Ampicillin